KEYNOTE SPEAKER · AUTHOR · FOUNDER, KNOW YOURSELF REVOLUTION

Grace Gravestock



Know Yourself. Love Yourself. Trust Yourself. — helping audiences discover who they really are through their unique Human Design Energy Blueprint, so they can trust themselves and create a next chapter filled with purpose, freedom and fulfillment.

ABOUT GRACE

Grace Gravestock spent more than twenty years leading large-scale corporate transformation — for companies like Dell and Warner Bros., and as an advisor with Deloitte and AAC Utility Partners — before a divorce, a layoff, a downsizing, and a health crisis hit all at once. That upheaval led her to Human Design, the missing energetic piece in the change work she'd been leading for decades, and to the movement she leads today: Know Yourself Revolution.

SIGNATURE TALKS

How to Find Your Purpose in 49 Seconds

In under a minute, Grace shows an audience the exact place on their own Human Design chart that names their life purpose theme, live.

Three Secrets to Making Change Fun and Easy in the Age of AI

From her upcoming book of the same name: the mindset shift, engagement formula, and quick-win blueprint that turn change from a fight into something people choose.

What Happens When the Sleeping Phoenix Awakens

Every "successful on paper" person reaches a moment the old way of living stops working. This talk walks an audience through the before, the fire, and the after.

SELECTED PAST STAGES

AI Literacy for Entrepreneurs Podcast (Northlight AI) — Ep. 275, "Do I Trust Myself?"

Live From Source — "You're Not Broken, You're Perfectly Designed"

Real Human Design Stories w/ Kathy Bochonko — Ep. 50, "Life is Happening FOR Us"

Woman Empowered and Free Summit — "Why You're a People Pleaser & How to Stop"

Launch Pad Job Club — "Discover What You Are Here To Be and Do"

United Network News (UNN) — "How to Get Clarity"

Total Eclipse from the Heart 2024 — "What Happens When the Sleeping Phoenix Awakens"

130+
stages Grace has spoken on

20+ yrs
leading corporate transformation at Dell, Warner Bros., and as an advisor with Deloitte and AAC Utility Partners

CREDENTIALS

- **Founder, Know Yourself Revolution**
- **Speaker on 130+ stages**
- **20+ years leading corporate transformation**
- **Best-selling contributor, *Purpose by Design: Using Human Design to Discover Your True Nature* (foreword by Karen Curry Parker)**
- **Upcoming book: *Three Secrets to Making Change Fun and Easy in the Age of AI***

BEST-FIT AUDIENCES

Midlife professionals and leaders ready to align with their own Human Design blueprint — women-in-leadership and personal-development audiences, podcasts, summits, and corporate wellness programs.

From Lost to Aligned.
From Searching to Living Your Purpose.

Grace helps midlife professionals discover who they truly are through their unique Human Design Energy Blueprint, so they can trust themselves, unlock their Unique Genius, and create a next chapter filled with purpose, freedom and fulfillment.

Book Grace for your next event

SCHEDULE A CALL
kyr.life/quickcall
EMAIL
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